

FMI 2026

FRENCH MEETING INTERNATIONAL
COMPÉTITION DE SAUVETAGE SPORTIF

24 & 25 JANVIER

CENTRE AQUATIQUE CAMILLE MUFFAT
AUBERVILLIERS

ENTRÉE
GRATUITE



EAU
NEUVE

SPEEDO

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FMI



SAUVETEURS
ECOURISTES
Seine

AUBERVILLIERS

Tribe of
the Savers



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A3S

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SWISS TI

01 A3S

The Association des Sauveteurs Secouristes de la Seine is a non-profit association created in 2017 and affiliated to the FFSS and currently has around 230 members (volunteers, employees, young people on civic service and work-study students).

IT INCLUDES:

A unit in Paris

A unit in Villeneuve le Roi

A territorial accession structure at Creps IDF

We work mainly in Paris and in all the Ile de France region.

OUR ACTIVITIES ARE DIVERSE :

- **First-aid services at cultural and sports festive events**
- **Sanitary services in collaboration with ARS IDF.**
- **SAMU and BSPP shifts**
- **Life-saving through our club "les Sauveteurs de la Seine".**
- **First-aid training (PSC, PSE1, PSE2, SST, etc.)**



Sauveteurs
secouristes
de la
Seine





THE MEETING

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02 THE MEETING

The French Meeting International, organized by A3S, is open to Youth and Open category lifesavers licensed with a club affiliated to the F.F.S.S., as well as to foreign clubs and national teams.

This 2nd edition will take place on January 24–25, 2026, at the Centre Aquatique Camille Muffat in Aubervilliers.

Part of a global initiative, the French Meeting International marks the beginning of the “Road to South Africa”, a symbolic path leading to the 2026 World Championships, which will be held in November in South Africa.

EVENTS

Individual events :

50 m Mannequin, 100 m Combined, 100 m Mannequin with Fins, 100 m Rescue Tube, 200 m Super Lifesaver

Team events :

4x25 m Mannequin with Fins, 4x50 m Rescue Tube, 4x50 m Rescue Relay

Special formats :

- **GOLDEN COURSE** : returning to France, this Australian-style race follows a direct elimination format. Only the 8 best Open lifesavers (8 men and 8 women) from the 50 m Mannequin event will qualify. New in 2026: Youth participants will also have the opportunity to compete among themselves on the Golden Course.
- **MIXED MEDLEY RELAY** : introduced this year, this brand-new race is open to participants not competing in other relays, either solo or forming mixed teams across clubs or nations. Each team will consist of 2 girls and 2 boys, with separate participation for Youth and Open categories. This 2026 novelty promises to close the weekend in a fun and friendly atmosphere.

THE VENUE



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03 THE VENUE

The international French meeting will be at the **Camille Muffat aquatic center** in Aubervilliers. It was inaugurated on November 6, 2024.

Equipped with two 50m and 25m sports pools, of modular width, with a movable floor to vary depth, and a leisure pool.

To enhance performance and allow qualification for world games, the pool depth will be a **constant 2m**.

The pool is part of the Seine-Saint-Denis department's Olympic heritage. This summer, it hosted training sessions for the Olympic water polo delegations for Paris 2024.



Access by metro line 7 – Fort d'Aubervilliers
176 Avenue Jean Jaurès
93300 Aubervilliers

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SCHEDULE

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04 SCHEDULE

The meeting takes place over two full days of competition

Possibility of training the day before
from 5:00 pm to 9:00 pm

TIMETABLE

(subject to modification)

doors open: 7 a.m/7:30a.m
Race starts: 8:30 a.m/9:00 a.m
Heats end: 12:00 a.m

BREAK

Doors open: 2:30 p.m
Finals start: 4 p.m
End of finals: 7 p.m

	JOUR-DAY 1	JOUR-DAY 2
MATIN-MORNING SÉRIES-HEATS	100m Bouée Tube  100m Manikin Tow with Fins	100m Mannequin Palmes  100m Manikin Carry with Fins
	 4x25m Mannequin 4x25m Manikin Relay	 4x50m Pool Lifesaver Relay
	200m SLS 	100m Combiné  100m Rescue Medley
	4x50m Bouée tube  4x50m Medley Relay	4x50m Bouée tube Mixte  4x50m Mixed Medley Relay
	50m Mannequin  50m Manikin Carry	
PAUSE - BREAK		
APRÈS-MIDI - AFTERNOON FINALES - FINALS	100m Bouée Tube  100m Manikin Tow with Fins	100m Mannequin Palmes  100m Manikin Carry with Fins
	 50m Mannequin 50m Manikin Carry	 4x50m Pool Lifesaver Relay
	200m SLS 	100m Combiné  100m Rescue Medley
	4x50m Bouée tube  4x50m Medley Relay	4x50m Bouée tube Mixte  4x50m Mixed Medley Relay
	50m Mannequin  50m Manikin Carry. YOUTH/OPEN FINAL B F/H	
	GOLDEN COURSE	

speedo

MEETING RULES

SWISS TIMING

FMI

05 MEETING RULES

RULES in ILS format

CATEGORIES

YOUTH / OPEN = individual events + MIXED MEDLEY RELAY

OPEN = relay events

UPGRADE

People born after 2012 cannot be upgraded to youth.

Youth can take part in open events, but will not be able to compete in any events in their category.

SELECTION

Competition open to all F.F.S.S. licensees and foreign clubs and nations.

For foreign clubs and nations, please complete the pre-registration form (FORM). Once your form has been processed, an official registration link will be sent to you.

REWARDS

Individuals: medals for the top three men and women in the Open and Youth categories in each event.

Relays: medals for the first three men's and women's relays in the Open category in each event.

05 MEETING RULES

GOLDEN COURSE – JANUARY 24, 2026

PROCEDURE

The top 8 swimmers from the heats progress to the final.

Australian format:

Round 1: 8 athletes → 4 disqualified → 4 advanced

Round 2: 4 athletes → 2 disqualified → 2 advanced

Round 3 (final): 2 competitors → 1 champion

TEMPORALITY

Each round occurs every 14 minutes, beginning every 3 minutes and 30 seconds in the following sequence:

- Young Women
- Young Men
- Open Women
- Open Men

REWARDS

Seniors (Men & Women) – Awards Money

- 1st: €1,000
- 2e: 400 €
- 3rd: €100

Young People (Boys & Girls)

- Presents and coupons

PERMISSIONS

- Remain in the specified area: seated, upright, moving, or reclining.
- Be accompanied by no more than one person (assistance with recovery, towel, encouragement, etc.).
- Carry a personal bag (beverages, snacks, clothing, music, and other items).
- Utilize the water bottles supplied by the organization.

PROHIBITIONS

- Swimming or warming up in the competition or training pool during breaks between rounds.
- Please refrain from entering the area designated for finalists, except when returning to the starting point.

OBLIGATIONS

- Finalists are required to stay in the designated area for athletes between rounds.
- One minute prior to each start, a countdown will be displayed on the screen: athletes are required to prepare and take their positions.

05 MEETING RULES

MIXED MEDLEY RELAY – JANUARY 25, 2026

Non-ILSF sanctioned event

REGISTRATIONS

- No online registration.
- Teams must provide a team name at the time of registration.
- A team logo is optional but encouraged.
- A WhatsApp group called “Mercato” will be available in the FMI26 community starting January 10 to help find teammates.

TEAM COMPOSITION

- Each team must consist of 4 swimmers: 2 girls and 2 boys.
- Teams may be mixed (clubs, nations, categories).

PERMISSIONS

- Teams can be mixed Youth/Open. They will compete in the Open category, even if only one Open swimmer is present.
- Teams can be mixed clubs or nations.

OBLIGATIONS

- Each team must consist of two girls and two boys.
- The teams and running order for the relay must be announced before 5 p.m. on Saturday.

REWARDS

Open – Prize Money

- 1st : 2 000 €
- 2e : 1000 €
- 3rd : 400 €

The amounts are divided among the team members.

Youth

- **Presents and coupons**

If one or more Youth participate in an Open team, the reward will be paid in the form of vouchers, in accordance with legal restrictions for minors.

PROHIBITIONS

- No team changes after 5 p.m. on Saturday.
- No changes to the running order may be made without prior notification before the race.

05 MEETING RULES

REFEREES

In order to participate in the overall organization of the competition, clubs must provide officials corresponding to the number of lifeguards entered. For foreign clubs/nations, officials are welcome but not mandatory.

Number of athletes	C	B	A
2 à 5	1	0	0
6 à 10	0	1	0
11 à 15	1	0	1
16 à 20	0	1	1
20 +	1	1	1

Officials will be provided with lunch on the days they are officiating. They will also be equipped by the competition organizers.

COMMITTEE

It will take place January 20, 2026 at 7:00 PM.

The technical meeting will be held in the Oasis area of the pool.
A videoconference link will be provided.

The composition of the jury will be carried out in accordance with FFSS rules.

05 MEETING RULES

RANKING

The overall ranking will be determined by the total points earned by each club's or nation's competitors in each event, for both the Youth and Open categories.

Points will be awarded according to the following scale:
20, 18, 16, 14, 13, 12, 11, 10, 8, 7, 6, 5, 4, 3, 2, 1.

Points for relay events will be doubled

Relays placed 9th to 16th in the heats will receive the corresponding points.

In case of disqualification in the A final, the relay concerned will score no points, and these points will not be redistributed.

The club that wins the overall ranking will receive a trophy.

This trophy will exist in two versions:

- a permanent trophy, awarded to the club that wins three editions of the meeting,
- a replica, presented each year to the winning club. 

MEETING FEE

Entry fees are 5 euros per individual event.

Entry fees will be calculated at the time of registration, and must be paid in the reserved area in order to be taken into account before registration closes.

Forfeits made after the startlist has been published will not be returned.

Entry period: until 10/01/2025

05 MEETING RULES

RECORDS

To reward outstanding performances at the French Meeting International, a financial or material prize is awarded for each record broken during the competition.

ELIGIBLE RECORD TYPES

Prizes are only applicable for records officially recognized by the ILSF or the FFSS, according to the following hierarchy:

- World Record (300€)
- European Record (150€)
- French Record (100€)
- Meeting Record (50€)

AWARD CONDITIONS

- The record must be officially validated by the technical jury of the meeting.
- In case of a tie (e.g., two athletes breaking the same record), the prize is shared.
- Prizes are non-cumulative for the same performance: only the highest category achieved is awarded.
- The prize is given to the last athlete to break the record at the end of Final A.
- Prizes can be combined with special event prizes, if applicable.

Epreuve	Catégorie	Genre	Temps	Sportif	Club
100m bouée tube	Open	Femme	01'02"71	Elise DAUDIGNON	Hossegor Sauvetage Cotier
100m bouée tube	Youth	Femme	01'04"45	Irene GARCIA VECINA	FSSCLM
100m bouée tube	Open	Homme	00'49"59	Mathieu PERRILLON	Aqua Grimpe Millau Grands Causses
100m bouée tube	Youth	Homme	00'51"70	Jaime IRUESTE ROJO	FSSCLM
100m combiné	Open	Femme	01'10"94	Lena OPPERMANN	DLRG
100m combiné	Youth	Femme	01'18"67	Evy BIDEAU	Biarritz sauvetage côtier
100m combiné	Open	Homme	00'59"32	Francesco IPPOLITO	A.S.D. GORIZIA NUOTO (ITA)
100m combiné	Youth	Homme	01'04"38	Marcos SERRANO GARRIDO	FSSCLM
100m mannequin palmes	Open	Femme	00'52"25	Lena OPPERMANN	DLRG
100m mannequin palmes	Youth	Femme	00'57"47	Irene GARCIA VECINA	FSSCLM
100m mannequin palmes	Open	Homme	00'44"70	Tom DURAGER	Tournefeuille Sauvetage Nautique
100m mannequin palmes	Youth	Homme	00'46"18	Jaime IRUESTE ROJO	FSSCLM
200m SLS	Open	Femme	02'25"57	DEAGE Albane	Tournefeuille Sauvetage Nautique
200m SLS	Youth	Femme	02'37"92	María SANZ MORENO MARÍA	FSSCLM
200m SLS	Open	Homme	02'04"69	Kevin LASSERE	Cercle des nageurs de cannes
200m SLS	Youth	Homme	02'16"58	Liam MARTIN	Club de Sauvetage et de Secourisme du Muretain
50m Mannequin	Open	Femme	00'33"24	Lena OPPERMANN	DLRG
50m Mannequin	Youth	Femme	00'38"24	Evy BIDEAU	Biarritz sauvetage côtier
50m Mannequin	Open	Homme	00'27"88	Francesco IPPOLITO	A.S.D. GORIZIA NUOTO (ITA)
50m Mannequin	Youth	Homme	00'29"90	Marcos SERRANO GARRIDO	FSSCLM
4x50m Sauvetage	Open	Femme	01'59"52	FABRE Margaux, JULIEN Camille, BOUDES Romane, ROUSSEAU Magali	TEAM FRANCE
4x50m Sauvetage	Open	Hommes	01'41"89	KOINDREDI Goroco, DURAGER Tom, DEFFIN Elouan, DORDOBA Arnaud	TEAM FRANCE
4x25m Mannequin	Open	Femmes	01'19"59	FABRE Margaux, JULIEN Camille, BOUTELOUP Camille, ROUSSEAU Magali	TEAM FRANCE
4x25m Mannequin	Open	Hommes	01'07"00	DEFFIN Elouan, KOINDREDI Goroco, CORDOBA Arnaud, DURAGER Tom	TEAM FRANCE
4x50m bouée tube	Open	Femmes	01'42"75	BOUDES Romane, JULIEN Camille, FABRE Margaux, ROUSSEAU Magali	TEAM FRANCE
4x50m bouée tube	Open	Hommes	01'26"30	KOINDREDI Goroco, DURAGER Tom, LASSERE Kevin, CODROBA Arnaud	TEAM FRANCE

MEETING RECORD

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LUNCH



FMI

06 LUNCH

MENU

PULPY

HEALTHY BOWLS



HOMEMADE ROASTED SALMON STEAK

Lemon confit and ginger sauce



MARINATED COD BACK WITH SPICES

Cajun and fresh ginger



CHICKEN WITH WILD RICE

Homemade sauce with Greek feta



FRESH FOUR-CHEESE RAVIOLINI

Ricotta, Comté, Emmental & fresh cheese, Broccoli fondue, toasted almonds, Grana Padano, crème fraiche



ROASTED BUTTERNUT & BURRATA

Arugula pesto

17€

Included in the cost:

Cheese board

Artisan bakery bread

Fruits: bananas and sliced apples

Pulpy will also be present to operate the refreshment stand, offering their fresh, energy-boosting bowls.

- Healthy meals & sandwiches
- Açaí bowls
- Smoothies
- A diverse selection of beverages
- Pastries
- Coffee, etc

A catering solution is arranged in collaboration with Pulpy, offering hot meals on Saturday and Sunday during lunchtime in the Oasis area of the swimming pool, from 11:30 a.m. to 1:30 p.m.

BOOK THROUGH THIS LINK:

[HTTPS://WWW.HELLOASSO.COM/ASSOCIATIONS/A3SVLR/EVENEMENTS/REPAS-FRENCH-MEETING-INTERNATIONAL-2026](https://www.helloasso.com/associations/a3svlr/evenements/repas-french-meeting-international-2026)

Pulpy also offers meal trays and/or meal baskets to take away to your accommodation on Saturday and Sunday evenings.

You can contact them at : Contact@hellopulpy.com

STAND



FMI



ACCOMMODATION

OFFICIEL

FMI

SWISS TIMING

07 ACCOMMODATION

Teams and referees can stay at the following hotels:



THE REMIX HOTEL

28 ter, avenue Corentin Cariou
75019 Paris

time from venue :

🚗 20 min by car

🚆 8 min by public transport

🚶 34 min by foot

HILTON GARDEN INN PARIS LA VILLETTE

27 Quai de la Gironde, 75019 Paris

time from venue :

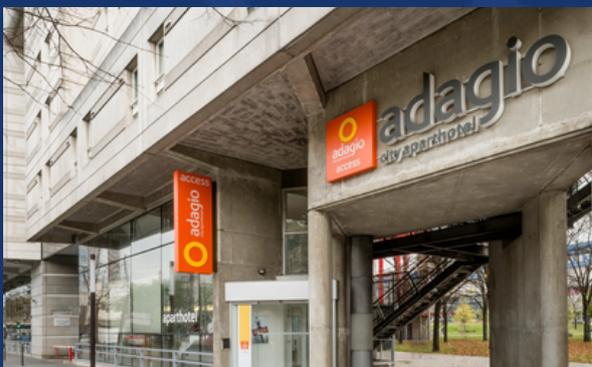
20 min by car 🚗

13 min by public transport 🚆

37 min by foot 🚶



RESERVATION POSSIBLE VIA THIS LINK : <https://www.hilton.com/en/book/reservation/rooms/?ctyhocn=ORYGIGI&arrivalDate=2026-01-23&departureDate=2026-01-26&groupCode=GFFSS&room1NumAdults=1&cid=OM%2CWW%2CHILTONLINK%2CEN%2CDirectLink>



Aparthotel Adagio Access

28 bis, avenue Corentin Cariou
75019 Paris

time from venue :

🚗 20 min by car

🚆 13 min by public transport

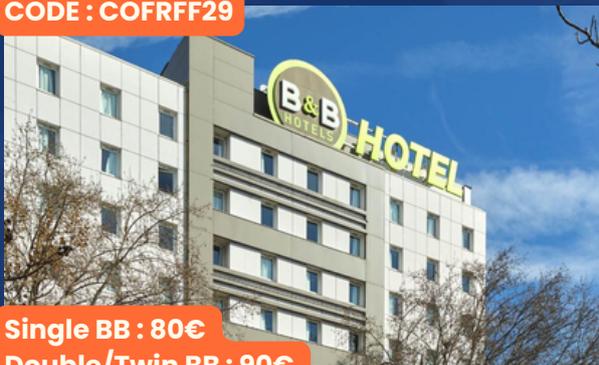
🚶 37 min by foot

Additional information and promotional codes for the hotels mentioned above will be available soon.

07 ACCOMMODATION

Teams and referees can stay at the following B&B hotels:

CODE : COFRFF29



Single BB : 80€

Double/Twin BB : 90€

B&B HOTEL Paris Porte de la Villette

4 Rue Emile Reynaud , 75019 Paris

time from venue :

🚗 9 min by car

🚊 13 min by public transport

🚶 25 min by foot

B&B HOTEL Paris Est Bobigny Université

6 Rue René Goscinny , 93000 Bobigny

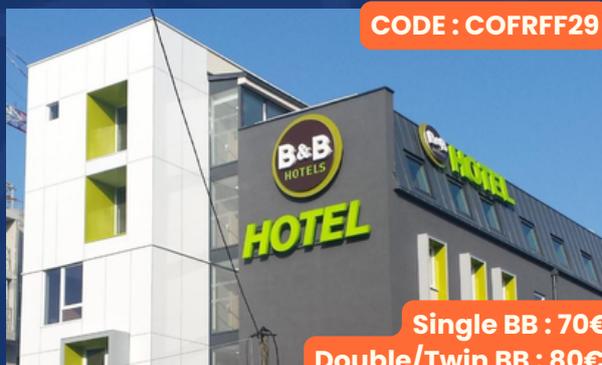
time from venue :

9 min by car 🚗

14 min by public transport 🚊

17 min by foot 🚶

CODE : COFRFF29



Single BB : 70€

Double/Twin BB : 80€



B&B HOTEL Paris Le Bourget

197-211 Avenue Paul Vaillant Couturier
93120 La Courneuve

time from venue :

🚗 8 min by car

🚊 20 min by public transport

🚶 30 min by foot

Thanks to the code “**SPFFSS09**” benefit from a **20%** discount on the room price (excluding breakfast, extras and tourist tax)*.

**This discount is applicable only in France by directly inserting a code on the B&B Hotels website or mobile application on the room prices in effect at the time of booking (excluding breakfasts, extras and tourist tax), valid 7 days a week, subject to availability of rooms at this price, cannot be combined with the loyalty program and any promotional offers, special rates, special offers and/or promotions or seasonal discounts, upon presentation of the required documents on arrival at the hotel (valid license and certificate of competition, training course, meeting, etc.) and applicable to accompanying persons (managers, doctors, referees, supporters, etc.).*

07 ACCOMMODATION

Other hotels near the competition venue :

Ibis Styles Bobigny Centre Préfecture

302 Av. Paul Vaillant-Couturier
93000 Bobigny

time from venue :

15 min by car 🚗

30 min by public transport 🚌

1 hour by foot 🚶



Hôtel Restaurant Campanile Bobigny

304 Av. Paul Vaillant-Couturier
93000 Bobigny

time from venue :

🚗 15 min by car

🚌 30 min by public transport

🚶 1 hour by foot

Ibis Styles Paris Romainville
52 Av. Gaston Roussel, 93230 Romainville

time from venue :

15 min by car 🚗

30 min by public transport 🚌

1 hour by foot 🚶



OUR PARTNERS



FRENCH MEETING INTERNATIONAL

JANUARY 18, 2025

GOLDEN COURSE CHAMPION

FOR: IPPOLITO FRANCESCO

1.000,00€

instavox

FMI



08 PARTNERS



PARTENAIRES FÉDÉRAUX



CONTACT



FMI

09 CONTACT

For all requests for information, questions, etc.
please contact us by one of the following means:

EMAIL ADDRESS:

INFO.MEETING@FFSS-A3S.FR

WHATSAPP COMMUNITY:

<https://chat.whatsapp.com/GSt8qEaWd7l7SA9Nw0JJg0?mode=wwt>



WEBSITE:

WWW.FFSS.PARIS

AND FOLLOW US ON:



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